



## **RETURN TO PLAY PROTOCOLS**

### **Updated 8/24/2020 with Game Day Protocols**

As we are excited for the kids to be back on the fields playing, it is imperative that all protocols are followed. We support the fact that you reserve the final right of responsibility for your family and can decide whether or not to send you player(s) to soccer activities in light of the COVID-19 virus situation and it cannot be stated enough that these sessions are **VOLUNTARY**. If you are not able to abide by the protocols in place, please do not attend or have your child attend the sessions. All staff, coaches, players, and families are receiving these protocols to ensure a safe, healthy, and fun return to the fields.

**These protocols are for Real Colorado EDGE / Arvada Soccer Association soccer activities held at Apex permitted fields. Other clubs, field providers, park districts, etc. may have different protocols and all coaches, players and family members are expected to be knowledgeable of other protocols where they may be participating.**

#### **GENERAL EXPECTATIONS:**

- If a Parent and/or a Player are not comfortable with returning to play, the player should not attend. You are the ones who will make the decision when it is ready to return to play.  
**These sessions and Games are VOLUNTARY.**
- Prior to playing or coaching for the 1st time, ALL PLAYERS and COACHES must sign the **Assumption of the Risk and Waiver of Liability** form as provided by Real Colorado EDGE Soccer Club and Colorado Soccer Association.
  - [Competitive and Academy Select GIRLS PLAYERS - Click Here to access the Waiver Form](#)
  - [Competitive and Academy Select BOYS PLAYERS - Click Here to access the Waiver Form](#)
  - [Recreational GIRLS and BOYS PLAYERS - Click Here to access the Waiver Form](#)

## **PRIOR TO PRACTICE OR GAMES**

- Player families must take their child's temperature prior to leaving for practice or games every day. Any player with a temperature higher than 100.3 degrees Fahrenheit will not be allowed to play and should not return until they have gone three (3) days without a temperature.
- Coaches will be required to do a self temperature check prior to each scheduled practice session or game with their team(s).
- If a player or coach is ill, or is showing any Covid-19 like symptoms or has been in contact with any individual that has symptoms, they should stay at home. Symptoms may include:
  - Fever
  - cough,
  - shortness of breath

Or these less common symptoms:

- Congestion
  - Sore throat
  - Nausea and vomiting
  - Diarrhea
  - Headache
  - Muscle / joint pain
  - Sudden loss of taste or smell
- Parents **MUST** contact the club immediately if their player is experiencing any symptoms and keep their player away from the team. This is also true for any player that has been around a person who has tested positive for Covid-19 or someone who is suspected of contracting Covid-19. Club staff will determine proper return to play for that player on a case by case basis as every situation is different. Club staff will consult with medical experts and/or written information from health departments to determine the proper course of action to have a player return.
  - Coaches **MUST** contact the club immediately if they are experiencing any symptoms and stay away from the team. This is also true for any coach that has been around a person who has tested positive for Covid-19 or someone who is suspected of contracting Covid-19. Club staff will determine proper return to the fields for that coach on a case by case basis as every situation is different. Club staff will consult with medical experts and/or written information from health departments to determine the proper course of action to have a coach return.

## **TEAM PRACTICE SESSION PROTOCOLS**

- Due to current restrictions on the number of people (players, coaches, spectators, referees, etc.) allowed in an area on the field/complex, **NO SPECTATORS** are allowed on the field at practice sessions 9U and older. For ages 8U and younger, 1 parent/guardian is allowed to escort their child to practice and if needed stay and watch. Parents must maintain social

distancing from other households and wear a mask while standing and/or coming and going to the field.

- Parents will be asked to maintain social distancing, wear masks and will be asked to stay in their cars for the duration of their player's training session. Gatherings of parents, families, or spectators on the fields or in the parking lots is strongly discouraged.
- Parents are expected to stay on-site throughout the duration of their child's training session. This is to ensure if a player needs to leave training early and/or if fields need to be cleared (i.e. bad weather/lightning occurs) that the player can immediately and safely leave the field.
- Players are expected to wear a mask while coming and going to the field.
- When the players are playing/exercising, due to an individual's health being inhibited, players are NOT required to wear a mask. Any player that would like to wear a mask while playing/exercising is more than welcome to do so, but if your player's health is inhibited then they do not have to wear the mask during that period of time.
- Players will be required to bring their own soccer ball, shin guards, cleats, water and training apparel (shirt, shorts, socks, jacket, etc.) to all training sessions and to sanitize them after each training session.
- Pinnies/bibs/vests can be utilized by coaches but they must not be shared among other players and must be sanitized after every use. It is recommended that each player bring 2 practice shirts (1 light and 1 dark) to every session in lieu of practice pinnies/bibs/vests.
- Players and Coaches will be required to bring their own hand sanitizer which can be accessible before, during and after all training sessions. Players, coaches, and staff will be expected to utilize sanitizer throughout.
- Players will be instructed to line-up their bag/personal belongings with 6' spacing from other teammates around the edge of the field to ensure during water breaks that proper spacing is being adhered to.
- All Real Colorado EDGE Staff/coaches will be instructed to maintain social distancing throughout the session from players and other staff. When social distancing is not achievable, coaches must wear a mask.
- All handshakes, high fives, fist bumps, and any contact by players, coaches, and staff shall be eliminated.
- Players and coaches must bring their own water and/or snacks. No sharing of water bottles will be permitted unless it is an emergency situation.
- All players, coaches and staff [should follow public health guidelines](#) for reducing risk of infection.
- For contact tracing purposes only; tracking attendance at every session will be mandatory for each team and coach. The attendance records need to be readily available.
- If a player feels ill while at training, they must immediately inform the coach or staff, and will be isolated immediately from the group. The coach or staff will then contact the parent to pick up the player from the camp/training.

## GAME DAY PROTOCOLS

In addition to the Team Practice Session Protocols from above, please adhere to the following game day protocols for ALL games held at EDGE fields (i.e. Stenger Soccer Complex and Long Lake Ranch):

- Due to current restrictions on the number of people (players, coaches, spectators, referees, etc.) allowed in an area of the field/complex, game fields will be spaced out accordingly to maintain proper distancing between all parties involved.
- **For Games ONLY, 2 spectators are allowed per player participating.**
- When spectators, players and coaches are coming and going to the fields, they must wear a face mask.
- When watching the game, spectators must maintain social distancing from other households. Spectators within the same household may sit together within 6 feet of each other.
- While seated, spectators do not have to wear a face mask as long as they maintain social distancing from other households and game participants.
- While standing and/or walking around the fields/complex, all spectators must wear a face mask.
- Teams are asked to arrive to warm up no more than 30 minutes before play and not enter the field area until the previous team has completely vacated the space. Teams need to vacate the field / complex at the conclusion of their game as soon as possible. Please do not congregate on the fields after the game.
- The home team will occupy the North or West side of the field, while the away team will occupy the South or East side of the field depending on the field layout. All players, coaches and spectators from the team will occupy their respective side of the field. A technical area will be marked for players and coaches to occupy, and spectators will sit at least 10 feet off the sideline and away from the technical area.
- While in the technical area, if social distancing cannot be achieved, players and coaches must wear a mask.
- Spectators are asked to not coach, instruct, "yell at", etc. any player including their own child. Cheering is encouraged, but instruction needs to be left up to the coach.

*\*As is with the state of this current pandemic and COVID-19 constant evolving situation, we will adhere to local/state/national CDC guidelines and all things above can be subject to change or addendum at a later date.*