

**Park Name:**

Long Lake Regional Park

**Club Association:**

APEX Park and Recreation

**Age Groups:**

U9-U19

**Capacity Limits:**

175 per space

**Parking Notes:**

Arrive no more than 30 minutes before game to drop player off. Spectators should not exit car until game time. Exit facility immediately after game has concluded.

**Limitation Upon Arrival:**

- Players/Coaches cannot be on field until 30 minutes before game.
- All persons should wear a mask at all times from the parking area to the field.
- All persons should observe the 6 ft. social distancing rule as much as possible while at Long Lake Regional Park.

**Spectator Limitations:**

- Spectators are limited to 2 per player.
- Spectators should wear masks to and from the fields, and maintain social distancing from other households.
- While seated, spectators do not have to wear masks as long as they maintain a 6 ft. distance from other households.

**Game Necessities:**

- Home teams (including coaches, players, and fans) will sit on the north or west sides of the field. Away teams (including coaches, players and fans) will sit on the south or east sides of the field, depending on the orientation of the field.
- Masks must be worn when arriving and leaving the field of play by players; coaches and staff must wear masks to and from the field, and when social distancing cannot be maintained.
- Masks must be worn when players are not in the field of play, i.e. on the sidelines and cannot maintain 6 ft of distance.
- Teams must provide their own hand sanitizer.
- Water bottles may not be shared by players.
- Team benches are not allowed.

**After Game Limitations:**

No high fives, hand shaking, etc. Players and coaches must exit the field and facility as quickly as possible. Masks should be worn from the field to the cars.

**Additional Notes:**

Bathrooms are open.