

SportsLab360 Modules

The module for August is **Defending from the Front**.

Description: The way the attacking line defends from the front completely sets the tone for the rest of the team, making it a very important concept for any youth player to understand. This module will go over a few ways to defend from the front, and will help both attackers and defenders defend as effectively as possible.

Here are links to the module:

11v11: <https://sportslab360.com/modules/3?temp=59c60c63011f1e7904c510f310ae65f4>

9v9: <https://sportslab360.com/modules/78?temp=a47dfc82598f1866d3c28f117038ce0f>

7v7: <https://sportslab360.com/modules/117?temp=eb194a6e12620a44fff9ae8e65fa9f29>

Each month CSA will be sending you a module designed by SportsLab360. I am sending you a lesson that will be useful for you and your team. Please share with your players. Nick Manzoni, lives locally and started a company named SportsLab360, an online program made for players and coaches to address the tactical and soccer IQ side of the game. CSA is fortunate to offer our membership a generous **20% discount** to the program with code '**CSAMEMBERSHIP9**'. Feel Free to share the above lesson with your teams' players.

If you have any additional questions about the program, you can go to www.sportslab360.com or contact Nick Manzoni at nicholas@sportslab360.com.